

back in motion® PILATES

NEURO PILATES COURSE 2010

At Back in Motion we have been running Pilates Mat Courses for Physiotherapists since 1997. Our methods have been developed through years of experience, a variety of Pilates philosophies and masters level-research involving Pilates.







Neuro Pilates 1

Venue: Back in Motion Dunedin

Date: July 24-25 2010

Tutor: Bronagh Quinn BSc (Hons)
Neuro Physiotherapist

-  Add a new dimension to your neuro rehab
-  Use the principles of Pilates to target motor control and function
-  Develop individualised mat and machine exercise programmes
-  Use Pilates for all neuro conditions - CVA, TBI, SCI and MS

Cost **\$650**

NB: Course fees include course materials, morning and afternoon teas.
Registration closes 4 weeks prior to course commencing, cancellation fees apply.

To register or for information about any of our other courses please contact Chloe:
Phone 03 477 1680 Email albanystaff@backinmotion.co.nz
Visit our website to find about our Pilates machine and equipment sales

www.backinmotion.co.nz